

GURU GOBIND SINGH COLLEGE FOR WOMEN, SECTOR-26, CHANDIGARH

BEST PRACTICE -1

EMPOWERING WOMEN THROUGH SPORTS: FINANCIAL AND NON-FINANCIAL/ADDITIONAL SUPPORT FOR GIRLS STUDENTS TO EXCEL IN SPORTS



OBJECTIVES OF THE PRACTICE

- a) To encourage and promote women athletes.
- b) To provide financial and other support to achievers in sports in the college.
- c) To attract students who have achieved excellence in sports and academics.
- d) To provide financial support to students who have achieved excellence in different fields, add value to the college, and are academically strong but economically weak.

The Context

Financial and other support to student-athletes of the college is meant to help them focus on sports and encourage them to participate at national and international events representing the College, University, State, and India at events abroad. Financial and non-financial assistance is not only for academically bright students but also those for who are economically weak and show excellence in academics and /or sports.

The Practice

There are several scholarships for academically excellent students but our Institution has special arrangements for the sports achievers who are representing the Institution at University, State, and also India at umpteen national and international events abroad.

Even the present government at Centre has emphasized on promoting girls in sports. It has started acknowledging the sports achievers who are bringing laurels to the country. Women athletes in India are now getting their share of fame and appreciation that they deserved much earlier.

Aligned with the Centre's policy of promoting women-athletes, our College supports women-athletes by providing concession in tuition fees, free accommodation at the hostel, free special diet, proper infrastructure and equipment at the College campus or at the stadium, which is within 5 km of the college. They are also given access to the university grounds to hone their skills and talents. For water- sport events, Sukhna Lake is available for practice with prior approval of the concerned authorities. To attract and keep the best sportswomen, Institution provides them fee concession during their enrolment under the College rolls. The Department of Sports is responsible for the welfare of these students and works day and night to provide every support they need. Different NGOs, organizations, and private citizens associated with the institute make a significant contribution towards financial support to these deserving athletes.

Evidence of Success:

Multipurpose outdoor sports court is proposed(RUSA Sponsored) worth Rs 47,00,000

Cash Prizes to Sports Students by Panjab University(No. of Students 44) 7,64,000

Cash Prizes to Sports Students by College(No. of Students 90) 5,09,400

Cash prize to college NCC Cadets from NCC PHHC Direct(6 Cadets) 38,000

Free accommodation provided to 34 elite sports girls in the hostel- 23,97,000

Achievements: During 2018-19 :

Name of the award/ medal	National/ International	Sports /cultural Game	Name of the student
3rd	NATIONAL	Boxing	Gargi
3rd	NATIONAL	Boxing	Savita
1st	NATIONAL	Boxing	Nandini
1st	NATIONAL	Boxing	Diksha
Runners-up	NATIONAL	Rowing (2000 mtrs)	Eastpreet Kaur
3rd	NATIONAL	Rowing (500 mtrs)	Eastpreet Kaur
3rd	NATIONAL	Rowing (500 mtrs)	Alisha
1st	NATIONAL	Rowing (500 mtrs)	Shreya R Iyer
3rd	NATIONAL	Rowing (2000 mtrs)	Amrit Kaur
3rd	NATIONAL	Rowing (2000 mtrs)	Jaswinder Kaur
3rd	NATIONAL	Rowing (500 mtrs)	Pooja Kumari
Runners-up	NATIONAL	Rowing (2000 mtrs)	Pooja Kumari
Runners-up	NATIONAL	Rowing (2000 mtrs)	Alisha

1st	NATIONAL	Rowing (500 mtrs)	Shreya R Iyer
1st	NATIONAL	Tug of War	Seema
1st	NATIONAL	Rowing	Shreya R Iyer
1st	NATIONAL	Rowing (500 mtrs)	Alisha
1st	NATIONAL	Rowing (500 mtrs)	Pooja Kumari



Problem Encountered

- With the limited funds it is difficult to distribute amongst the deserving students as per their requirements.
- Often deserving candidates do not possess the necessary paperwork required for processing/availing the scholarship.
- Stringent requirements needed to satisfy the criteria for availing scholarship restricts certain students from availing the same.

PROMOTING WOMEN ENTREPRENEURSHIP - “EARN WHILE YOU LEARN”

The initiative was started in the college in order to provide a platform for the students to showcase their skills and talents and also generate income from it. Students display and sell products like tie-n-dye dupattas, block printing fabrics, table clothes, Paintings, murals, food and bakery items.

Objectives of the Practice

- Display/showcase skills and talents of students
- To understand the concept of entrepreneurship
- To help students learn the basics of management to create profits on a small scale.

The Context

Department of fine arts imparts knowledge of the concepts of art and design that include the visual arts. It enables the learners to achieve a balanced growth as a social being in tune with our culture through project work. The students showcase their talent by displaying an annual arts exhibition where they get a chance to earn by selling their paintings and murals. This gives them a sense of confidence and contentment.

Home Science is an interdisciplinary field of knowledge with focus ranging goods to fabric, human development to resource management, communication, and extension.

The wide scope of the subject can be successfully applied in the field to launch the entrepreneurship program. The skill and knowledge of the students can be harnessed to create opportunities for self-employment. This led to the idea of creating a club and incubation centre for students who are willing to generate income by using their talent along with basic management skills.



The Practice



Along with the conduct of practical, students are informed about creating profitable opportunities. The main activities were outlined as under:

- Students are provided with hands on training through value added courses to equip them with the requisite skills and knowledge so that they can showcase their talent and earn while they learn.
- Bakery and Cooking- students of BA final years were introduced to the concept of raw materials, overhead expenses, portion control, and profits. They put up stalls at various functions in the college, where baked goods and nutritious snacks were sold. Students were involved in preparing the goods, managing the stalls, and selling the delicacies. Orders for cakes from faculty members also taken up by the students. Using their knowledge of nutrition, the students also set up a stall for calculating BMI of the students, faculty members, and visitors at a minor cost. It provides an idea of whether a person has a correct weight for their height and as an indicator of obesity.
- Textile enhancement- students of the second year are introduced to the concept of tie and dye as well as block printing. They prepared a vast range of articles using these techniques such as dupattas, bags, shirts, table cloths, napkins, tray covers, and runners, etc.
- Stalls were put up for the sale on the IT fest as well as Biz Bash. The articles were highly appreciated and brisk sales were made.

Miscellaneous/ others



During the annual blood donation camp volunteers who were found to be anaemic were consulted by the final year students regarding iron-rich food and their inclusion in the diet. Though this diet clinic was not an income-generating activity students were made aware of how nutritional consulting works

Many talented students of the college participated in Mehndi and tattoo stall during Karwa Chauth and Teej celebrations. A good amount of profits were made by the students. Hair braiding was also undertaken by a couple of students.

Evidence of Success



The stalls were put up during the IT fest and Biz Bash, wherein students from schools and colleges of the Tricity participated with great enthusiasm. A huge footfall led to good sales for stalls. The profitable sales were a great motivation for the talented students.

Problem Encountered

- Managing time was a hurdle since the conduct of these activities and regular teaching were to be done simultaneously.
- Adequate funds availability would help us to organize workshops and invite resource persons to provide the technical knowledge and managerial skills required for successful entrepreneurship launches.
- With only two faculty members in the department, running an entrepreneurship club on a full-time basis, though helpful and advantageous will not be profitable.